## Positive Ageing Forum - Seniors Week Event

Presented by The Faculty of Psychiatry of Old Age (FPOA) and The Psychogeriatric Nurses Association (PGNA)





Free Event Auslan Interpreted

## Knowledge - Key to a Positive Old Age

Friday, 14 February 2020

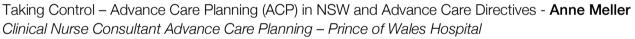
9:30am - 3pm at Burwood RSL, 96 Shaftesbury Road, Burwood

Opening Address – **Dr Sue Packer** Senior Australian of the Year 2019

Taking Control – Enduring Power of Attorney and Enduring Guardianship – **Associate Professor Sue Field** 

Adjunct Associate Professor in Elder Law

Adjunct Associate Froiessor in Lider Law



Join the Dance Against Ageing - Gwen Korebrits - CEO, Dance Health Alliance

The Impact of Loneliness and What Can Be Done About It – **Dr Anne Wand** Staff Specialist Psychiatrist, Conjoint Senior Lecturer UNSW

Using Exercise as a Medicine to Target Frailty – **Professor Maria Fiatarone Singh** *Geriatrician, Sydney University* 

You're Worried? Protection for the Vulnerable – **Kim Handcock** Senior Constable, Aged Crime Prevention Officer

Ageing Well – Marcus Riley

Author of 'Booming' will Provide a Life Changing Philosophy for Ageing Well

Booking is essential to secure a place
Register online at https://positiveageing.floktu.com
or check our website for more information at www.positiveageing.net.au
A light lunch will be provided - This event is Auslan interpreted







